

Baked Egg White Frittata 21 kale, roasted seasonal vegetables, gruyère

Maine Lobster and Eggs 38 spring kale, heirloom tomato, poached eggs

Steak and Eggs 38 Fossil Farms medallions of beef tenderloin, sunny side up eggs, hash brown

Quinoa Porridge 14young kale, cilantro, ginger

BREAKFAST FAVORITES

Huevos Rancheros 30 sunny side up eggs, spicy roasted tomato sauce, corn tortillas, refried beans, topped with avocado, sour cream

Two Farm Eggs 19/22 with grilled ham, country sausages, Applewood smoked bacon, turkey bacon or chicken sausage Eggs Benedict 28 Canadian bacon or smoked salmon on English muffins

Smoked Salmon Bagel **28** sliced tomato, red onion, cream cheese and toasted New York bagel

Three Farm Egg Omelet 25 Ham, peppers, onion, cheese, tomato, wild mushrooms and fine herbs

FRESH FRUIT

- My Organic mixed berries 16
- Fruit salad 17 with berries and mango coulis
- % Sliced fruit plate 18 with cottage cheese or yogurt

FROM THE GRIDDLE

Buttermilk, banana-pecan or blueberry pancakes, Vermont maple syrup 24 Cornflake crusted brioche French toast nutella, lemon mascarpone 22 Malted Belgian waffles with organic berries 24

CEREALS AND GRAINS

McCann's steel cut Irish oatmeal 15 with berries or banana 20

Choice of cereals with organic fresh berries **14**

- Hammond Farms yogurt and homemade granola, with berries or banana 15
- Birchermüesli 16 with organic berries

SIDES 10

Choice from local farms:
Grilled ham
Italian sweet sausages
Country sausages
Chicken sausage
Applewood smoked bacon
Turkey bacon

%Cold-Pressed Juices

Fireball Citrus, apple, ginger, Echinacea 15
Sweet Greens Apple, celery, spinach, kale, cucumber, parsley, lemon, ginger 15
Garden Veg Carrot, beet, celery, cucumber 15

CONTINENTAL BREAKFAST 36

Freshly squeezed fruit juice Basket of assorted pastries, muffins and country bread Freshly brewed coffee, tea or hot chocolate

FIFTH AVENUE BREAKFAST 42

Our Continental Breakfast served with choice of:

Two farm fresh eggs with breakfast meats

Omelet of your choice with ham, peppers, onion, cheese, tomato, wild mushrooms and fine herbs

Baked egg white frittata, kale, roasted seasonal vegetables, gruyère

SPA "FITNESS" BREAKFAST 40

Freshly squeezed fruit juice, coffee, tea, or hot chocolate
Bran muffins with apple butter and breakfast cheese with a choice of:

[#]Quinoa porridge young kale, ginger

Sliced seasonal fruit platter with low fat cottage cheese

Egg beater omelet with low fat cheese, peppers, onion, tomato, wild mushrooms

JAPANESE BREAKFAST 49

Traditional style with pickled vegetables, miso soup with tofu, steamed rice, grilled Benisake salmon, omelet and green tea

CHINESE BREAKFAST 52

Tea egg, steamed pork bun, steamed shrimp dumpling, lobster and scallops congee, dried pork floss and preserved vegetables, stir-fried egg noodles with chicken, choice of Chinese tea

VEGETARIAN CHINESE BREAKFAST 48

Tea egg, stir-fried egg noodles, steamed vegetable dumplings, vegetable spring roll, congee with scallion, preserved vegetables, choice of Chinese tea